

Donor Egg Checklist



No matter what brought you here—whether you’re a same-sex couple, a single parent-to-be, or navigating medical or fertility challenges—donor eggs may be the next step toward your dream of parenthood. This checklist will walk you through each stage of the process, helping you stay organized, informed, and confident as you move forward.

1 Align with Your Care Team

Review donor requirements with your physician

Meet with a genetic counselor to evaluate compatibility and screening expectations

Discuss emotional considerations with a mental health provider

2 Understand Your Priorities

Decide what traits matter most to you:

- Physical attributes (height, hair/eye color, ethnicity)
- Personality, interests, education

Choose donor type: nonidentified (“anonymous”), known (friend or family member), or open ID

Reflect on how your choice aligns with your long-term family vision

3 Research Donor Options

Illume Fertility’s in-house egg donor program

Reputable donor banks and agencies:

- [Donor Egg Bank USA](#)
- [Everie Egg Bank](#)

Note: If you are an Illume Fertility patient, your Care Team will provide a vetted list of additional egg banks and agencies that our practice regularly works with.

Review donor profiles for:

- Detailed personal and family medical history (including genetic screening)
- Photographs, essays, or childhood pictures (if available and desired)

Confirm that your chosen donor meets clinic and country-specific guidelines

4 Emotional, Legal & Financial Considerations

Review any legal documents or contracts required by your clinic or agency

Begin thinking about how and when you will share your child’s donor conception story

Consider counseling or support groups for emotional readiness

Financial considerations:

- Working with an egg donor can cost anywhere from \$11,000 to \$60,000+.
- Using a known donor (e.g. a friend or family member) can actually end up costing more, due to the extensive screening process required. An in-house or agency donor will be pre-screened.
- Factors like choosing fresh vs. frozen donor eggs, and whether you work with an agency, egg bank, or your clinic’s in-house donor program, can all significantly impact the final cost. Additional costs may include medications, shipping, storage, and IVF procedures.
- Illume Fertility offers multi-cycle packages and financing options to help manage costs - ask your Financial Coordinator for details.

Note: Even if your insurer doesn’t cover donor eggs, they may cover other aspects of the IVF process, including fertilization, embryo storage, or biopsy for embryo testing. Your Illume Financial Coordinator will help you confirm any coverage prior to treatment.

5 Place Order or Confirm Next Steps

If using frozen eggs from a donor egg bank:

Finalize your purchase through the donor egg bank

Arrange shipping directly to Illume Fertility’s lab team, who will receive and assess the eggs before your treatment

If using fresh eggs from an Illume donor, agency donor, or known donor:

Work with your Care Team to coordinate the donor’s cycle with the recipient’s cycle (either the intended parent carrying the pregnancy or a gestational surrogate)

Confirm all legal, medical, and financial requirements are complete before the retrieval

The eggs will be retrieved at your fertility clinic and immediately prepared for fertilization

Notes:

Questions?

We are here to support and guide you at every step. Visit illumefertility.com or call (203) 750-7400 for more resources and information.

Disclaimer: This checklist is intended for educational purposes only and does not replace medical advice from your healthcare provider. Every patient’s situation is unique. Always consult with qualified healthcare professionals before making decisions about donor egg selection, fertility treatments, or related medical care.